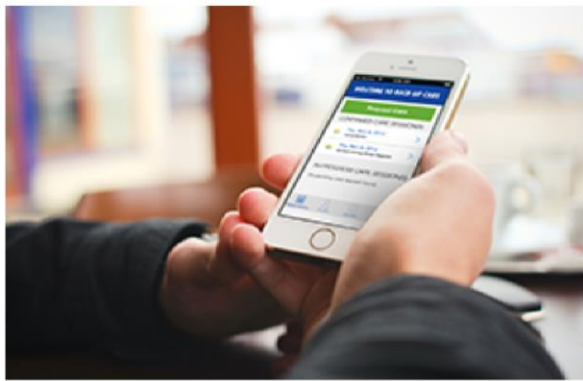# Back-Up Care is Now on Your Mobile Device

Whether your regular caregiver calls in sick, your child has a school holiday, or you need assistance caring for an adult family member, you have access to high-quality temporary care with the ***Back-Up Care Advantage Program*®** — now at your fingertips!

The new Back-Up Care app and mobile-friendly site are your easy, time-saving solutions to managing family care challenges while on the go — so it's more important than ever to complete your free registration.

Once fully registered, download the Back-Up Care app to:

- Submit a new request for back-up care
- View or cancel existing reservations
- Request previously used care providers
- Find nearby child care centers
- Add reservations to your device's calendar

Start Using the Back-Up Care Mobile App Today in Two Easy Steps:

1. Register for back-up care online:
   https://backup.brighthorizons.com
   Username: **NIH**
   Password: **backup**
   Or call **1-877-BH-CARES**

2. Download the app – search "Back-Up Care" or "Bright Horizons" on the app store and scroll until you see the yellow umbrella icon.

You must register online or by phone before you can use the app

Back-Up Care Advantage™
A Bright Horizons Solution at Work