

DATS

**DIVISION OF
AMENITIES &
TRANSPORTATION
SERVICES**

*PROVIDING OUTSTANDING
COMMUNITY SERVICES FOR NIH*

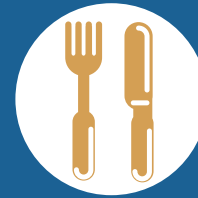
DATS

The National Institutes of Health (NIH), a part of the U.S. Department of Health and Human Services, is the primary Federal agency for conducting and supporting medical research. Helping to lead the way towards important medical discoveries that improve people's health and save lives, NIH scientists investigate ways to prevent diseases as well as the causes, treatments, and even cures for common and rare diseases.

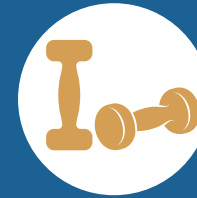
In an effort to support the NIH mission, the Office of Research Services (ORS), Division of Amenities and Transportation Services (DATS) manages and oversees a variety of worksite enrichment programs and transportation services to enhance the quality of work life for NIH employees, guests, visitors, patients and their families. DATS is comprised of two branches, the Amenities Programs Branch and the Transportation Services Branch. Through the administration of Use Agreements and performance-based contract DATS is committed to providing outstanding customer service and programs in response to the changing needs of the NIH community.

AMENITIES

PROGRAMS BRANCH



FOOD



HEALTH &
WELLNESS



INTERPRETING



RETAIL



BANKING



CHILD & ADULT
DEPENDENT CARE



AMENITIES PROGRAMS BRANCH

HEALTH & WELLNESS

<http://www.ors.od.nih.gov/wellness>

Wellness Program

We provide a variety of health and wellness related resources to the NIH community, in partnership with the Institutes. We sponsor health and wellness lectures, Fit for You free fitness classes, and large Health and Wellness events including our annual Take a Hike. Visit us online to learn more and see how we are keeping the "Focus On You!"

For additional information: **301.402.8180.**

<http://www.fedesp.com/nih/rw-services/fitness-centers/>

Join the **LISTSERV: WELLNESSNIH@LIST.NIH.GOV**

Fitness Centers

NIH Fitness Centers offer four facilities featuring: LifeFitness weight training equipment, free weights, Lifecycles, treadmills, and elliptical trainers. Trailer T-39 provides a wide range of Aerobics classes and houses the weightlifting club. Visit us online to learn more.

For additional information: **301.496.8746.**

Fitness Center Locations • On Campus

Building 31 (B4-Level) & Building T39 (Aerobics & Weightlifting)

Fitness Center Locations • Off Campus

Rockledge (5th Floor) & Bayview (3rd Floor)



NIH Federal Credit Union

The NIH Federal Credit Union (NIHFCU) offers a variety of low-rate consumer loans, credit cards, mortgages and home equity loans in addition to secured interest-bearing savings, checking and investment accounts.

The NIHFCU also provides educational seminars, newsletters and internet articles to give members helpful financial information. The NIHFCU is dedicated to quality member service and committed to meeting the financial goals of its members.

For additional information please contact the NIHFCU Service Center at **301.718.0208.**

NIHFCU Branch Locations On Campus

Building 10 (B1-Level)

Building 31 (A-wing)

NIHFCU Branch Locations Off Campus

Rockledge II (1st Floor)

NIHFCU ATM Locations On Campus

Building 10 CRC (Atrium Level)

Building 10 ACRF (2nd Floor)

Building 10 (B1-Level)

Building 31
(A-wing, outside of Bldg. B & C-wings)

Building 35 (Dining Center)

Building 45 (1st Floor)

Building 50 (Outside Kiosk)

NIHFCU ATM Locations Off Campus

Rockledge II (Outside of Bldg.)

6001 Exec. Blvd. (1st Floor)

5601 Fishers Lane (Lobby)

5635 Fishers Lane (Vestibule)

Bayview (Main Lobby)



The nation's largest credit union serving the biomedical industry.

AMENITIES PROGRAMS BRANCH



BANKING SERVICES

<http://www.ors.od.nih.gov/banking>



AMENITIES PROGRAMS BRANCH

CHILD CARE & ADULT DEPENDENT/ELDER CARE SERVICE

<http://childcare.ors.nih.gov>

NIH Child Care Program provides a variety of child and adult dependent/elder care programs and resources to the NIH community.

NIH Back-Up Care Program

Federal Employees have access to back-up care when they need to be at work and their regular child or adult/elder care is unavailable. Back-up care programs include: center-based child care, in-home child care, in-home mildly ill child care, in-home adult/elder care, and self-care (when you need care).

NIH Child Care Subsidy Program

Federal Employees of the NIH may be eligible to receive a child care tuition subsidy if their children are enrolled in licensed child care programs and meet the income criteria.

NIH Child Care and Adult Dependent/Elder Care Resource and Referral Services

The NIH community has free, unlimited access to this personalized professional service. This program provides resources and referral services for child/adult/elder care, nanny, adoption, summer camp, and much more!

NIH-Sponsored Child Care Centers (MD only)

On Campus

Infant and Toddler Child Care Center

ChildKind, Inc. (6 weeks to 3 years)

East Child Care Center

Parents of Preschoolers, Inc., POPI
(6 weeks to 5 years)

Off Campus

Executive Child Development
Center, Inc. (6 weeks to 12 years)

NIH Child Care Waiting List

Due to high demand for spaces in the NIH Child Care Centers, NIH has a consolidated Waiting List for all three NIH-sponsored child care centers in Montgomery County, Maryland.

NIH Parenting LISTSERV

An interactive e-mail list for the NIH community to discuss child care and parenting issues.

NIH Lunch and Learn Seminars

The Lunch and Learn Seminars cover parenting issues from infancy to the teenager years and adult dependent/elder care issues from the emotional impact of caring for an aging parent to legal issues.

NIH Parent Coach

The NIH Parent Coach can help you navigate the stages of childhood and parenthood. They will offer guidance and answers to your specific questions on physical, social, mental, and emotional matters.

To contact the NIH Parent Coach email your question to: **NIHparentcoach@lifeworkstrategies.com**

For additional information on these services: **301-402-8180**





AMENITIES PROGRAMS BRANCH

INTERPRETING SERVICES

<http://www.ors.od.nih.gov/interpreting>

Sign language Interpreting Services are available for NIH employees, visitors, and patients who are participating in protocols, NIH sponsored events, seminars, training classes, and staff/one-on-one meeting sanctioned by the NIH.

Join the LISTSERV: DATS-INTERPSERV-L@LIST.NIH.GOV

Enter Sign Language and CART service requests online:
<http://www.portal.ainterpreting.com>.

For comments and issues, please contact the Interpreting Services Team at **interpretingservices@mail.nih.gov**.

To request an interpreter or CART service: Go online to create a personal account **www.portal.ainterpreting.com**.
Please enter requests no later than FIVE (5) business days before your event. For technical support or to request a log in ID contact **support@ainterpreting.com**.



The Recreation and Welfare Association (R&W) is a nationally awarded employees service program and health promotion organization serving the NIH community for over 70 years by bringing people together and offering a variety of products and services to its members.

Mission Statement: The NIH Recreation and Welfare (R&W) Association serves as an employee-services organization that provides affordable, top-quality and well-directed services and programs that are diversified, beneficial, and focused on enhancing the health and well-being of the NIH staff, patients, patients' families, and the NIH and National Oceanic and Atmospheric Administration (NOAA) communities. The NIH R&W team of dedicated and hard working employees and volunteers accomplishes this mission by providing and offering their communities a variety of retail, fitness, leisure and charity fundraising activities.

For additional information: 301.496.6061

R&W Gift Store and Services

On Campus

Building 10 CRC (Atrium Level)

Building 10 (B1-Level)

Building 31 (1st Floor)

Off Campus

Rockledge I (4th Floor)



AMENITIES PROGRAMS BRANCH

RETAIL

<http://www.fedesp.com/nih/rw-services/gift-shops-shopping/>



AMENITIES PROGRAMS BRANCH

FOOD SERVICES

<http://www.ors.od.nih.gov/food>

NIH offers a wide variety of food services to the NIH community, from cafeterias to concessions. Each operation is unique and strives to cater to its own customer base. Most of the cafeterias and coffee shops are under contract with a national food service provider. The others and all the concessions (including vending machines) are independently operated under a use-agreement with the Maryland Business Enterprise for the Blind (MBEPB).

Visit our website or call for additional information: **301.402.8180**

Join the **LISTSERV: FOODSERVICES-L@LIST.NIH.GOV**

Cafeterias

On Campus

Building 10 ACRF (2nd Floor)

Building 10 (B1-Level)

Building 12B (1st Floor)

Building 31 (1st Floor)

Building 35 (Main Lobby)

Building 38A (Lower level)

Building 45 (1st Floor)

Off Campus

Rockledge II (9th Floor)

5601 Fishers Lane (Main Lobby)

Bayview (Main Lobby)

Coffee Bars

On Campus

Building 1 (3rd Floor)

Building 10 CRC (Atrium Level)

Building 10 FAES (2nd Floor)

Building 35 (Main Lobby)

Building 50 (Main Lobby)

Off Campus

5601 Fishers Lane (Main Lobby)

Concessions

On Campus

Building 10 (B1-Level)

Building 12B (1st Floor)

Building 31 (1st Floor)

Building 35 (Main Lobby)

Building 45 (1st Floor)

Off Campus

6001 Exec. Blvd. (Main Lobby)

5601 Fishers Lane (Main Lobby)



TRANSPORTATION

SERVICES BRANCH



PARKING



SHUTTLES



TRANSHARE
PROGRAM



BIKE SUBSIDY
PROGRAM



COMMUTER
OPTIONS



TRANSPORTATION SERVICES BRANCH

PARKING

<http://parking.nih.gov>

The NIH Employee Transportation Services Office (ETSO) is located in Building 31, Room B3B04. Hours of operation are 7:30 am until 4:30 pm, Monday through Friday, excluding federal holidays. Services provided include: NIH Parking Permits, NIH Transshare & Bike Subsidy Programs and commuter information/help.

For additional information: **301.496.5050**
email: **nihparkingoffice@ors.od.nih.gov**

Parking on the NIH Main Campus can be very difficult. We strongly encourage multi-occupancy vehicles or employees to commute using mass transportation. Parking permits are issued according to NIH policy and guidelines. Not every NIH employee or contractor will qualify for a parking permit.

For additional information: **301.402.RIDE (7433)**
<http://parking.nih.gov>, <https://commuter.ors.od.nih.gov>

Visitor Parking / Parking Meters

The NIH also offers parking for visitors in designated lots around the campus. These lots consist of the P1 level of the Clinical Center, the MLP-11 (Gateway) Garage next to the NIH Gateway Center and the 4A Surface lot in between Buildings 4 & 2. There are also meters placed strategically around campus for visitor use. These meters accept pay by credit card. All visitor lots and meters charge a rate of \$2.00 per hour, with \$12.00 day maximum.



The DATS provides complimentary shuttle services for employees, visitors and patients. Shuttles are handicap accessible and are equipped with bike racks for convenience.

Shuttle routes are as follows:

Campus Shuttle, Campus Limited, Montrose, Executive Plaza, Rockledge, Campus Perimeter, Building 10 after hour shuttle, Children's Inn, Airport Shuttles to BWI, Regan National and Dulles.

Hotel shuttles are also available for patients.

The most current schedules for each shuttle route can be found here: **<http://shuttle.nih.gov>**

Also on our website is a real-time GPS tracking of each shuttle on our routes.



TRANSPORTATION SERVICES BRANCH

SHUTTLES

<http://shuttle.nih.gov>



TRANSPORTATION SERVICES BRANCH

TRANSHARE PROGRAM

<http://www.ors.od.nih.gov/transhare/>

The NIH Transhare Program is a transportation incentive program for NIH employees who are willing to use public transportation to commute to the NIH campus. The program includes a wide variety of alternative transportation modes such as vanpools, Metrorail, MARC Trains and public buses and commuter buses.

The transit subsidy is offered to NIH Employees, Fellows, Summer Students, and Volunteers. Any member who receives a transit subsidy must forfeit all parking permits or parking access cards and is not eligible to receive a bicycle subsidy. NIH provides the maximum subsidy allowable by IRS Tax codes.

*For additional information: **301.402-RIDE (7433)**
<https://commuter.ors.od.nih.gov>*



The NIH Bicycle Commuter Subsidy Program is an incentive program for NIH employees who bike to the NIH campus daily. As with the NIH Transhare Program, participants cannot receive parking benefits to be eligible. Currently, the subsidy is \$20 per month, the maximum NIH is authorized to provide by IRS tax codes.

The DATS also encourages all cyclist to join the NIH Bicycle Commuter Club to meet many other "Zero Polluter Commuters!" To accommodate bike and walking commuters, shower facilities are located in many buildings on the main campus, as well as all fitness facilities. The NIH also provides over 1000 lockers spread throughout campus to provide commuters a place to change and store clothes for the day.

*For additional information: **301.451.4811**
<https://commuter.ors.od.nih.gov>*



TRANSPORTATION SERVICES BRANCH

BIKE SUBSIDY PROGRAM

<http://www.ors.od.nih.gov/nihbikeprogram>



TRANSPORTATION SERVICES BRANCH

COMMUTER OPTIONS

<http://www.ors.od.nih.gov/transportation/>

RideShare

The NIH Parking Office also offers a free RideShare service. The service attempts to match other commuters based on similar work times, home and work addresses.

Carpool

Employees and contractors that start commuting in one vehicle may qualify for a carpool parking permit. The carpool permits allows members to park in designated spaces that are close in to buildings and reserved for their use.

Vanpool

The NIH Parking Office assists commuters in finding and starting vanpools, which are a minimum of seven commuters in one vehicle. Vanpool riders may be eligible to receive mass transportation benefits (NIH Transhare Program) to subsidy the cost of the vanpool.

For additional information: **301.402.RIDE (7433)**

<https://commuter.ors.od.nih.gov>

email: **nihparkingoffice@ors.od.nih.gov**

Transportation LISTSRV

The LISTSERV will enable subscribers to receive News and Updates to their e-mail accounts and blackberries. News and updates will include:

- Availability of parking spaces at major lots and garages on the NIH Campus
- Status of shuttle due to traffic, weather, etc.
- Information pertaining to Commuter Information, NIH Transhare Program, Special Events, Road Closures, and much, much more!!

HARS – NIH Radio Station

To avoid delays in transportation, the DATS will also broadcast real time updates regarding parking, road closures, and special events, on and around the NIH main campus through the **Highway Advisory Radio System (HARS)**. This broadcast can be heard on **AM1660**.



CORE VALUES

CUSTOMER FOCUS

We exist to serve and protect our customers. We deliver equitable, reliable and trustworthy products and services that are responsive to customer needs and respect the customer's point of view.

EXCELLENCE

We are committed to providing quality services and products to aid NIH in achieving its mission. We demonstrate this commitment by our expertise, helpfulness, respect for the needs of customers, recognition of the value of cooperation and teamwork, and sense of responsibility toward our work.

INTEGRITY

We set high expectations and ethical standards for fiscal responsibility, personal performance and in the provision of services, resources and products.

COLLABORATION

We are committed to partnering with the NIH community to achieve a shared appreciation of mutual needs, values, expectations, constraints, role/responsibilities, and outcomes; and to sustain the best research and work environments possible.

DIRECTORY

WELLNESS & FITNESS

PHONE: 301.451.3631

LISTSERV: WELLNESSNIH@LIST.NIH.GOV

BANKING SERVICES

PHONE: 301.718.0208

CHILD CARE & ADULT DEPENDENT/ELDER CARE SERVICES

PHONE: 301.402.8180

INTERPRETING SERVICES

LISTSERV: DATS-INTERPSERV-L@
LIST.NIH.GOV

FOOD SERVICES

PHONE: 301.402.8180

LISTSERV: FOODSERVICES-L@
LIST.NIH.GOV

RETAIL SERVICES

PHONE: 301.496.6061

PARKING SERVICES

NIH EMPLOYEE TRANSPORTATION SERVICES OFFICE

PHONE: 301.496.5050

EMAIL: nihparkingoffice@ors.od.nih.gov

PARKING PERMITS

PHONE: 301.402.RIDE (7433)

<https://commuter.ors.od.nih.gov>

<http://parking.nih.gov>

SHUTTLE SERVICES

<http://shuttle.nih.gov>

TRANSHARE PROGRAM

PHONE: 301.496.5050

<https://commuter.ors.od.nih.gov>

BIKE SUBSIDY PROGRAM

PHONE: 301.496.5050

<https://commuter.ors.od.nih.gov>

COMMUTER OPTIONS

PHONE: 301.496.5050

<https://commuter.ors.od.nih.gov>



National Institutes of Health
Office of Management

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