

DECLARATION OF BREASTFEEDING

In accordance with the NIH Division of Radiation Safety (DRS) policy, I hereby voluntarily declare my breastfeeding status to the DRS. This declaration authorizes DRS to evaluate the potential dose received by the nursing child from my occupational intake of radioactive materials and to assist me in limiting that dose to 0.1 rem (100 mrem). I understand that this limit is intended to provide an extra measure of protection for my nursing child since he/she may be more sensitive to ionizing radiation than an adult. Any precautions required in order to meet the 0.1 rem limit will be applied from the date of this declaration until the end of one year, or until I notify DRS that my breast-feeding status is rescinded, whichever is sooner.

I understand and acknowledge that failure to comply with any precautions taken by DRS to reduce my use of radioactive materials creates a risk of my nursing child being exposed to ionizing radiation in excess of the recommended limit. If I am not contacted within two work days of when this form should have been received by DRS, I will notify my Area Health Physicist by calling (301) 496-5774.

Name (printed)	NIH ID #
Work Location	Mailing Address
Signature	Today's Date

Send an encrypted email to:

DRSDirector@mail.nih.gov

-OR-

Send in envelope marked "Confidential" to:

**NIH Division of Radiation Safety
Building 21, Room 134**

Privacy Act Statement: The information requested on this form is essential for maintenance of records for individuals potentially exposed to ionizing radiation, as required by the Code of Federal Regulations, Title 10, Part 20. Certain information is protected by the Privacy Act of 1974. HHS/NIH/ORS 09-25-0166 documents the system of records in which this information is used. The primary users of this information are the staff of the Division of Radiation Safety, NIH. "Routine Uses" may also include disclosure of some information provided on this form to the U.S. Nuclear Regulatory Commission, or if necessary to defend the Government or an employee of DHHS in a lawsuit.