

Update and Guidelines for Lactation Room Users

Please be prepared to bring your own gloves, wipes, and supplies to lactation rooms during the COVID-19 outbreak.

Objective: To provide guidance for the NIH Nursing Mothers Program lactation room users during the COVID-19 Pandemic. The guidelines are subject to change as updated information from federal and local governments becomes available.

Lactation Room Operations:

- Mothers will be able to access most rooms upon registration with the NIH Nursing Mothers Program. Once registered, your ID badge and or a key code access can be used.
- Anyone using the lactation rooms will be asked to wear a mask during the time they are using the room.
- Women using the room will be asked to use the disinfectant supplies on surfaces, including the Symphony breast pumps before and after use of the machine.
- Women using the room should be reminded to wash their hands before and after use of the breast pumps.
- Women using the rooms you should not share any pump kit parts (the pump kit is a closed system used to connect to the pump).
- If a woman who has been using the room, or an employee who has been cleaning the room, tests positive for the coronavirus, the person should notify both the Nursing Mothers Program and Occupational Medical Services as soon as possible so that the room can be closed for additional cleaning and disinfection. The program will stay in contact with the Occupational Medical Services concerning these issues.
- If any room is closed due to cleaning and disinfection all participating mothers within the program will be notified via email.
- Registered user will be given access to the online room reservation to reserve lactation room time slots remotely.

Be smart and Stay Safe:

- Please do NOT remove any supplies from the lactation rooms.
- Be mindful of the number of wipes, sanitizer, and soap that you are using; only use what is necessary.
- Be prepared to provide your own supplies.

Notes: We understand that cleaning supplies are limited and, in the future, should become more available to everyone. We recommend that you bring your cleaning supplies until such time these supplies become more readily available. If you have any questions, please contact the Nursing Mothers Program Manager Mike Dunn (301) 451-3294 or email at dunnm2@mail.nih.gov