

Procedures for Lab-Related Injuries or Exposures

Immediately initiate first aid at the worksite.

1

- ▶ Wounds and skin should be washed thoroughly with soap and water for 15 minutes.
- ▶ Chemical skin exposures should be flushed in a sink or from a drench hose/shower for 15 minutes.
- ▶ Eyes, inside of nose and mouth should be flushed for 15 minutes using an emergency eyewash or irrigated using normal saline solution or water.
- ▶ For chemical inhalation exposure, remove the person to fresh air. If unconscious or having difficulty breathing, coughing, or dizziness, call 911.

As soon as you have completed first aid at the worksite, report to Occupational Medical Service (OMS).

2

- ▶ Report to the OMS Clinic Building 5, Room 5204 or call (406) 375-9600, (Monday-Friday, 8:00am to 4:30pm).
- ▶ If the OMS is closed or unavailable, call Bethesda OMS at (301) 496-4411 Monday-Friday, 7:30am-5pm. On holidays, weekends, and after-hours call the Clinical Center Operator at (301) 496-1211 and ask to be connected to the on-call OMS provider.
- ▶ **Call 911 in case of medical emergencies such as life- or limb-threatening (or have someone call on your behalf).** Immediately notify OMS with any medical emergencies such as blood and body fluid exposures, animal bites, exposure to biological or chemical hazards, and serious injuries requiring hospitalization.

Notify your supervisor as soon as possible.

3

All workplace injuries, illnesses, and hazard exposures must be reported to OMS. You, or someone on your behalf, may report work-related health concerns anytime using the myCority application (accessible only on the NIH network). OMS monitors myCority only during business hours.

