

Procedures for Lab-Related Injuries or Exposures

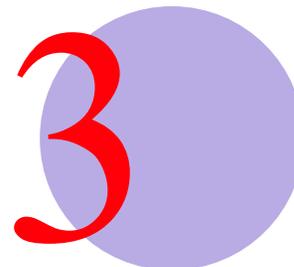
1 Immediately initiate first aid at the worksite.

- ▶ Wounds and skin should be washed thoroughly with soap and water for 15 minutes.
- ▶ Chemical skin exposures should be flushed in a sink or from a drench hose/shower for 15 minutes.
- ▶ Eyes, inside of nose and mouth should be flushed for 15 minutes using an emergency eyewash or irrigated using normal saline solution or water.
- ▶ For chemical inhalation exposure, remove the person to fresh air. If unconscious or having difficulty breathing, coughing, or dizziness, call 911.

2 As soon as you have completed first aid at the worksite, report to Occupational Medical Service (OMS).

- ▶ Report to Bethesda OMS - Building 10, Room 6C-306, Monday - Friday, 7:30am - 5:00pm, (301) 496-4411.
- ▶ On holidays, weekends, and after hours call the Clinical Center Operator at (301) 496-1211 and ask to be connected to the on-call OMS provider.
- ▶ **Call 911 in case of medical emergencies such as life- or limb-threatening (or have someone call on your behalf).** Immediately notify OMS with any medical emergencies such as blood and body fluid exposures, animal bites, exposure to biological or chemical hazards, hazards and serious injuries requiring hospitalization.

3 Notify your supervisor as soon as possible.



All workplace injuries, illnesses, and hazard exposures must be reported to OMS. You, or someone on your behalf, may report work-related health concerns anytime using the myCority application (accessible only on the NIH network). OMS monitors myCority only during business hours.

