

Weekly Wellbeing

NIH Complex



Join us throughout the month of March as we celebrate National Nutrition Month! Each week we'll be featuring different wellness-driven recipes.

MARCH 5: BUILDING 35

Parsnip Kale Hash with Pumpkin Seed
Crusted Cod & Pear Cranberry Compote

Rosemary & Berry Smash Mocktail

MARCH 11: ROCKLEDGE

Breakfast Special: Green Goddess Mezze
Breakfast Quinoa Bowl

MARCH 18: SOUTH LOBBY BUILDING 10

Edamame Hummus Cup

MARCH 25: BUILDING 10B1

Green Goddess Grilled Fish Tacos with Citrus Slaw

Spicy Grapefruit Jalapeno Mocktail

