

Adult/Elder Care

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NIH cares about the well-being of you and your family. We are excited to share with you a useful service available to NIH employees, contractors, trainees, and fellows through the NIH Child and Family Programs, the NIH resource and referral service.

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This service is provided by Adventist Healthcare Life Work Strategies and offers five types of assistance to meet your personal and family needs. They are financial consultation, legal consultation, identity theft prevention, adult and elder care, and child care. During this short presentation, I will provide details about the adult and elder Care resource and referral service.

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Caring for a loved one can be a very rewarding experience and having support can make all the difference. The adult-elder care resource and referral service provides support for anything pertaining to the care of adults, elderly, and adult children with special needs.

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Through the service, you and your dependents have unlimited access to Work Life Specialists who can support you by providing a range of resources and referrals to help meet your family's needs.

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This service can save you time while giving you peace of mind. The service is available via phone and is completely confidential.

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Work Life specialists can provide a range of support services such as evaluating care options, locating adult day care, information on home health aides, meal services, transportation services, and preventing elder fraud, just to name a few.

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As an additional resource, you can join the adult care support listserv, which is an interactive Community for NIH families caring for an adult loved one.

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A question you may have is: what happens when I call the resource and referral service line? You will speak with one of our friendly intake specialists who will complete a brief assessment and you will then get connected to the service that best fits your needs. As a reminder, the service is 100% confidential and it's accessible 24 hours a day, 7 days a week.

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Be sure to check out these other resource and referral services: legal consultation, financial consultation, ID theft and childcare.

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Support is only a phone call away! To reach a Work-Life specialist, call 1-800-777-1720. To learn more about other NIH child/adult/elder/family resources visit the NIH Child and Family Programs website at www.childfamilyprograms.ors.nih.gov.