

NIH Child and Family Programs Services

NIH Federal Employees Only:

NIH Child Care Subsidy Program is always taking applications. Applications can be submitted online. If you are wondering if you qualify, check Line 11 of your most recent IRS Tax Form 1040 for your Adjusted Gross Income. If your adjusted household income is less than \$100,001, you may be eligible to receive up to \$5,000 in subsidy reimbursements. Apply Today! Click here for more information. [Click here for more information.](#)

NIH Federal Employees and Trainees/Fellows Only:

NIH Back-up Care Program is currently available for in-home care for adults, and in-home and center care for children nationwide. Registration for the program is FREE. [Click here for more information.](#) There is a cost of care if you use the program; up to 10 days of care in a calendar year. Includes virtual tutoring and virtual camps for school-age children.

NIH Federal Employees, Trainees/Fellows, and Contractors:

- **NIH Child Care Centers** provide safe and reliable childcare to children of NIH Federal Employees, Trainees/Fellows, and Contractors*. Each NIH child care center is an independent private non-profit corporation, with oversight by a parent board. Each center provides a unique learning experience and is held to the highest standards of quality, licensed by Maryland State Department of Education, Office of Child Care Licensing and accredited by the National Association for the Education of Young Children (NAEYC). Interested individuals can register their child(ren) on the NIH Childcare Waitlist at <https://www.ors.od.nih.gov/pes/dats/childcare/centers/Pages/centers.aspx>.

(*NIH Contractors who work at an NIH facility in Maryland may register only their children who are 25-59 months old at time of registration on the consolidated NIH Childcare Waitlist.)

Tours of the childcare centers can be arranged by contacting each center director:

- **Executive Child Development Center (ECDC), 301-496-9411** Off Campus
- **Northwest Child Care Center (ECDC@NWCCC), 301-480-5447** On Campus
- **Parents of Preschoolers, Inc. (POPI), 301-496-5144** On Campus

- **NIH Resource and Referral Services** **1-800-777-1720**

Five types of Resource and Referral Services to address any need you may have. Available nationwide.

- **Child** – assist with anything related to children; free of charge; unlimited use.
- **Adult** (18 years or older) – assist with anything related to an adult, including adult-dependents, and aging loved ones; free of charge; unlimited use.
- **Legal** – first 30 minutes free, additional time at a discounted rate.
- **Financial** – first 30 minutes free, additional time at a discounted rate.
- **Identity Theft** – 60 minutes free consultation.

Click here for more information about each service: [CHILD](#) [ADULT](#) [LEGAL/FINANCIAL/IDENTITY THEFT](#)

- **NIH Parent Coach**

An excellent resource for answering questions you may have about parenting, children of all ages (including college students), and physical, social, emotional, and cognitive development. [Click here for more information.](#) You or your family members can reach the NIH Parent Coach by calling **1-800-777-1720** or via email: nihp parentingcoach@adventisthealthcare.com.

- **NIH Elder Coach**

An excellent resource for answering questions you may have about aging, adult-dependent care, and elders. [Click here for more information.](#) You or your family members can contact the NIH Elder Coach by calling **1-800-777-1720**.

- **Lunch and Learn Webinars**

Over 100 webinars archived on the Child and Family Programs website ranging from before birth to end of life. Every age group is represented, even older adults and topics range from work-life, finances, parenting, to special needs. Anyone can access the webinars from any computer. Click here for more information:

https://www.ors.od.nih.gov/pes/dats/childcare/Pages/parent_seminars.aspx.

- **Listsers: Parenting Listserv and Adult-Care-Support Listserv**

Interact with others in the NIH community concerning parenting and adult care resources, concerns, and recommendations. Click here for more information about the [Parenting Listserv](#) & [Adult-Care-Support Listserv](#).

- **Nursing Mothers Program** **301-435-7850**

The NIH Nursing Mothers Program provides services that address many of the concerns that arise for future and current nursing mothers. The program provides the emotional support and worksite assistance, to include prenatal breastfeeding education classes, telephone support, return to work consultation, and onsite lactation rooms, nursing mothers need to make return to work less stressful. [Click here for more information.](#)

If you cannot find a service to assist you with your child/adult/family needs, please contact the team at NIH Child and Family Programs at 301-827-3250.

