

# **NIH Child and Family Programs Services**

## NIH Title 5 and Title 42 Federal Employees Only: \*

NIH Child Care Subsidy Program is always taking applications. Applications can be submitted online. If you are wondering if you qualify, check Line 11 of your most recent IRS Tax Form 1040 for your Adjusted Gross Income. If your adjusted household income is less than \$100,001, you may be eligible to receive up to \$5,000 in subsidy reimbursements. If filing separately, both spouses' AGI will be combined. NIH Child Care Subsidy Program

\* If you are unsure of your employee classification, check your NED self-service record at https://nedportal.nih.gov/ProcessPortal.

### NIH Federal Employees, Trainees/Fellows, and Contractors:

• **NIH Child Care Centers** provide safe and reliable childcare to children of NIH Federal Employees, Trainees/Fellows, and Contractors. \* Each NIH child care center is an independent private non-profit corporation, with oversight by a parent board. Each center provides a unique learning experience and is held to the highest standards of quality, licensed by Maryland State Department of Education, Office of Child Care Licensing and accredited by the National Association for the Education of Young Children (NAEYC).

\*NIH Contractors who work at an NIH facility in Maryland may register only their children who are 25-59 months old at time of registration on the consolidated NIH Childcare Waitlist.)

- Interested individuals can register their child(ren) by visiting NIH Child Care Centers.
  - Please note: The management of the NIH Child Care Wait List has transitioned from LifeWork Strategies to direct oversight by each independent NIH Child Care Center.
- Tours of the childcare centers can be arranged by contacting each center director:

•	Executive Child Development Center (ECDC)	301-496-9411	Off Campus
•	Northwest Child Care Center (ECDC@NWCCC)	301-480-5447	On Campus
•	Parents of Preschoolers, Inc. (POPI)	301-496-5144	On Campus

#### NIH Listservs: Parenting Listserv and Adult-Care-Support Listserv

Interact with others in the NIH community concerning parenting and adult care resources, concerns, and recommendations. Click here for more information about the <a href="Parenting Listserv">Parenting Listserv</a> & <a href="Adult-Care-Support Listserv">Adult-Care-Support Listserv</a>.

#### NIH Nursing Mothers Program 301-435-7850

The NIH Nursing Mothers Program provides services that address many of the concerns that arise for future and current nursing mothers. The program provides emotional support and worksite assistance, to include prenatal breastfeeding education classes, telephone support, return to work consultation, and onsite lactation rooms, nursing mothers need to make their return to work less stressful. <a href="Nursing Mothers Program">Nursing Mothers Program</a>