

family



NIH Cares about NIH Families. Learn more about the programs and services available to YOU and YOUR FAMILY.

Back-up Care Program

NIH has contracted with Bright Horizons to offer NIH federal employees and Trainees/Fellows access to back-up care when they need to be at work and their regular child or adult/elder care is unavailable. NIH federal employees and Trainees/Fellows have access to the following back-up care programs: center-based child care, in-home child care, in-home mildly ill child care, in-home adult/elder care, and self-care (when YOU need care). Care can be provided in your home or in your loved one's home all over the United States. Register today at <https://backupcare.ors.nih.gov>.

Child, Adult/Elder, Financial, Legal and Identity Theft Resource and Referral Services

NIH has contracted with LifeWork Strategies, Inc. to provide free, unlimited access to five types of resource and referral services: Child, Adult/Elder, Legal, Financial, and Identity Theft. This highly personalized professional service is available by calling 1-800-777-1720 between the hours of 8:00 am and 5:00 pm EST, Monday through Friday.

NIH Listservs

NIH Child and Family Programs manages two interactive listservs for child/parenting and adult/elder care topics: NIH Parenting Listserv and Adult Care Support. To subscribe to the email lists, go to the NIH LISTSERV page: <https://list.nih.gov>. Browse the list or type Parenting_List and/or Adult-Care-Support.

Lunch and Learn Seminars on Children, Families and Adult/Elder Care

NIH Child and Family Programs offers Lunch and Learn Seminars on various topics ranging from birth to caring for an elderly loved one. The seminars are webcast in real-time and are archived for future viewing. You can access these seminars by visiting <https://www.ors.od.nih.gov/lunchlearnseminar>.

If you have any questions, please contact the NIH Child and Family Programs team at (301) 827-3250.

