





United Against Hunger

Food banks accept dry and canned food donations these are foods that are "shelf-stable" or nonperishable – foods that you can keep in your pantry for a long time.

Feds Feed Families is a healthy food drive that helps our neighbors by providing them with nutritious options. A healthy food drive is the collection of foods, both canned and fresh when possible, that are high in nutrients, protein, or fiber. Visit the website for your local food pantry or food bank to learn about additional high-need items in your region.

https://fedsfeedfamilies.ocio.usda.gov







@fedsfeedfamilies

Commonly **Needed Foods:**

- Peanut butter
- Canned soup
- Canned fruit
- Canned vegetables
- · Canned stew
- Canned fish
- · Canned beans
- Pasta (most prefer whole grain)

MOST

ITEMS

Rice (most prefer brown rice)

*Note: Regional food preferences vary by location, check the website of your local food bank or food pantry for additional foods that are not listed here.

Please Do NOT Donate:

- Expired foods
- Leftovers
- Food with packaging concerns (food with damaged packaging such as dented or bloated cans, packaging that is already open, or even items in glass containers, which can shatter and cause food safety concerns for any other food they're stored near.)
- Baked goods